



BERRIES COMMUNITY CAFÉ
CRAFT AND WELLBEING SESSIONS
TUESDAY 2.30-4.30 PM

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| 16 April | Macrame Plant Pot Holder |
| 23 April | Rag Crochet - Bottle Holder & Basket Making |
| 30 April | Mindful Stitching |
| 7 May | Pop-Up Greeting Cards |
| 14 May | Lace Art |
| 21 May | Knitting for Beginners to Make a Phone Case |
| 28 May | Needle Felting |

Berries Community Café
(Adjacent to) 40 Berries Avenue - on the corner of Berries Avenue and Bede Haven Close
Bude EX23 8QE
Bus numbers 12, 128, and 219 stop nearby.
what3words: thankful.inversion.dates

To find out more contact vika@neetside.co.uk or 01288 270900

The sessions are offered for free, but donations towards running these are gratefully received.